AUTHENTIC. REVITALIZING. ACCURATE.

A COLLECTION OF LIFE-CHANGING ENCOURAGEMENTS

NJABULO CHRISWELL SITHOLE

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BY

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Introduction

Until you change what goes into your heart - your perception about everything will not change. You cannot change anybody but you can influence change in anybody. Cause a positive change in what you touch.

Society is short-circuited to:
1. Encourage your foolishness.
2. Condemn you in your misery.
3. Forsake you at your weakest.
4. Ignite pride in you at your highest elevation by God Almighty.
5. Isolate from you so that you can kill yourself.

Discern these evil spirits at work in people around you. Tread carefully with men. The enemy will rise against you, he will do it in people far and close to you.

Do not fully rely on the references of others about a person at interest. Who they experienced and who you are likely to experience may not be the same person

because people grow and change. Allow the character of the person at interest to prove itself worthy of your association over time. Whether you do right or wrong. You will never quench all kinds judgments from the hypocrites called human beings. All of them are hypocrites so live your best life despite their judgments.

You will benefit from building quality relationships with sensible people. Sensible people are those who speak, understand and reciprocate your love languages.

The thing we creatives call "Inspiration " is actually the ability to conceive from the kind of spirits we choose in the spirit realm then manifest through writing, painting, singing and etc. We conjure with spirits all the time. In a nutshell, all human beings are possessed. We are actually more spirit than we are physical. It takes possession of a spirit to expose another. All actions and words are driven by particular spirits. Discernment itself is powered by a neutral spirit. That idea you had; it came to you - it has an origin. If your faith attracted it. It will require the same faith to keep it.

Keep away from influences that inspire you to hate, ridicule and undermine other people. Let love be your highest joy. Encourage others from a place of healing, love, pureness, unity and peace. As you mature, you will understand why it is good to walk away from decided fools everywhere.

Prayer doesn't change God's will instead it aligns you right into God's will. Better are private prayers than public prayers. Preserve your private altar.

There is nothing frustrating like encountering a service provider who hates his/her job and there is nothing refreshing like encountering a service provider who loves his/her job. Even if you are doing that job just for a living. Add a good attitude, sense of humor and a kind of sincere professionalism. Your next promotion is right in front of you.

If we are ever going to be effective in anything. We have to be really specific and selective about spending our time, lives and resources. We can't please everybody.

Gauge how, when and why you are needed. As a person you carry so much presence. It is not in all situations that you need to speak, just being there serves as strength, encouragement and support for others. Again, it is not all situations that require your presence, just words sent or spoken by you are important. You are very valuable. Understand clearly your value and share it wholeheartedly.

The smarter, knowledgeable and wiser you become; the lesser opportunists will try to mess with you everywhere.

You don't need another sermon. You need a true change of heart. You know exactly in which areas of your life need repentance. Better a silent "Amen" with a change of heart than a loud one with no repentance.

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-Chapter 1-

Come home My boy!

Early in the year 2015,my dad in his best health looked at me and said , " If you want to live a great and fulfilling life , keep all your political , pastoral , petrol head , high school , university and business friends at a greater distance . Come home to your family everyday. Bring your hard work to the table of your family, orphans and strangers. Have God Almighty as your only Friend - He is everything you need and more".

For the past 8 years of my life. This has worked for me.

-Chapter 2-

You are preserved and protected for divine purposes!

God Almighty will protect you like the bubble that protects your fart in the bathtub. Fart in a full bathtub and you will see the Divine protection I'm talking about.

No matter how much you like it, your fart will never be lost in water. It will always burst to smell above the waters.

Chemistry students will tell you more about how carbon dioxide creates a bubble that contains the smell of your fart in hydrogen oxide.

Anyway, that was a perfect experiment of divine protection.

-Chapter 3-

Commitment requires contentment

Truth be told, many people battle with being content. Contentment is a great mark of maturity.

A lack of contentment introduces what we call "destination addiction ", the idea that you will be happy when you get something or someone and when you get that very thing or someone - you hardly even enjoy them because you are already fixed at another target. It takes contentment to settle and to build everything.

-Chapter 4-

Prohibited associations

There are people who you know but you are not allowed to associate with them even if they meet your criteria, even if they are good people or Christian like you - Why? Your gut and intuition prohibits you from associating with them because they are likely to be a long-term distraction and hindrance to what God Almighty intends to achieve with your life.

You see that friendship or relationship that ended without any valid reason. Yes! That one. Many of us are spiritually inclined but sometimes we not aware and take life beyond logic and emotion. Well, you might meet our tough criteria's for association and still not be the one. It all depends on spiritual foresight, the spiritual dangers and opportunities that come with your presence.

Though physical, we are also spiritually discerning beings. When your presence carries darkness, you will be rejected. You will still be treated good but association will be prohibited.

Spiritually gifted people automatically prohibit association with a lot of people. They are by nature

loners and introverted extroverts simply because they are familiarizing themselves with their assignments. Spiritually gifted people have company you cannot see with your eyes wherever they go. They don't depend on external affirmation. Worse is their ability to escape this world.

Your gut and intuition doesn't just prohibit association. Act on it. The explanation will come later on.

-Chapter 5-

Persistence from a dog affair

My young neighbour and I decided to bring our dogs together. I have a male dog and his is female. We brought them and what happened after is inspirational.

Both dogs started checking each other out. Taking turns to walk on each other's bodies. Off course as always, the lady started playing hard-to-get. Rejection after rejection, my dog kept insisting on the "Hit", charming her the best way possible but she kept her tail down between her legs. Did he give up? No! He peed in every corner, she ran after him to smell his pee. After a few more minutes, her tail went up and he started licking her private part every time she stopped running - her tail was still up as she kept violently rejecting him.

And finally, he cornered her and the rest is history. I realized that my dog took rejection as motivation to keep coming back strong. His courting game improved every time he got rejected. Coming down to you. What if I told you that you can use rejection to your highest

benefit? Basically, to keep coming back stronger - worse shamelessly so!

Look, you cannot want something so bad and just give up because you got rejected. Rejection may hurt your feelings yes! How many times have your feelings changed? Cry and get planning again. Cry and show up again.

Your patience will be tested. Your endurance will be stretched. You will miraculously resurrect because God Almighty has you chief!

Persistence is romantic by the way . You enjoy best what you earn - the fulfillment is satisfactory. Anyway forget the shame, keep the goal in mind. Hit that DM again.

-Chapter 6-

Learn to build through it anyway

Let the rumours, conspiracies and negativity about you be. Why? It is more important to achieve your goals and to fulfil your purpose than to worry about people who are doing what they have found to be best for themselves to do.

Waiting for people to keep quiet about you is like chasing the wind. You were born an enemy and a threat already. The fight is to maintain focus, love and progress.

As the talks increase, thrust strong ahead towards the revealed marks of your existence.

-Chapter 7-

The danger of killing your help

I borrowed one father my jumping cables 3 years ago. Every year, I reminded him and his sons to bring it back to no avail. A few days ago his wife and his son got stuck on the road. I stopped to offer help only to find out that they needed to be jump-started. They were embarrassed as they realized that they now needed what they took from me of which they didn't bring back. I couldn't leave them there so I called in a friend to assist them.

There is a West African proverb that says, " Don't insult the crocodile while your foot is still in the water". One way or the other, life will put you in the mercy of others. Off course ,it is a great peril to be at the mercy of foolishness and evil-hearted people but you must endure until you can stand on your own especially when you are locked in. Camouflage while you plan and prepare to conquer - fight only when you are sure of winning.

You might be in an unfavorable environment dealing with very difficult and foolish people - endure it and learn all you can. Remember why you are there and maximize all the opportunities given to you.

Don't kill your help. Their personalities and characters may suck big time therefore give tolerance, mercy and grace - the place you are at now is a passing point not a dying point. God Almighty is with you and you will succeed.

You are buried alive because the ability to breakthrough and to resurface is within you. Keep your eyes on the ball champ!

-Chapter 8-

Employ patience to your assessment!

It is important to assess the pros and cons of the friends, mentors, business partners, all types of leaders and lover you want in your life. It is not about how easy they are to get along with at their best but also how best can you bear with them at their lowest.

All the strengths you admire in people who interest you come with a lot of other weaknesses you need to cautiously ask , observe and find out about before giving them access to your life.

To carry out a good assessment, you will have to apply patience otherwise your impatience is going to punish you.

-Chapter 9-

It's just a life scene not the end

Challenges, misfortunes, losses, heartbreaks, enemies and fears bring total balance to the best, rewarding, happy, profitable and joyful times of life.

Everything is in circles. There are no straight lines here no matter how educated, smart or wise you are. It has been God's way from the beginning.

Change is never easy but necessary. Remember to be gracious to yourself in every season.

-Chapter 10-

Enduring seasons of loss

A friend of mine literally had over 6 million rand of stock go up in flames. I called him to cheer him up but he was totally fine with the loss. " It's business, don't take it to heart. All this is replaceable. No matter how careful or cautious you're, tragedy will strike. Nobody masters life, we all die as students", he said. Grasping for words to reason with him, my eyes flooded with tears because I could resonate with the pain he was trying to brush off.

It doesn't matter whether your loss is self-inflicted or a result of others or it being God ordained. Take it with the memories and the tears that come but also make great allowances for self-introspection in alignment with your comeback strategy.

The season of both losses and winnings tend to happen at the same time and if you're not wise as most of us have been, you will forsake God Almighty.

Every arrival has a departure and every gain has a loss. The secret in this is to free yourself from the attachment that comes with both your winnings and losses by clearly focusing yourself on God Almighty.

A true winner is not defined by his winnings but rather his losses. How you handle your losses is what truly defines you. Winning does not test anything but losses test everything.

-Chapter 11-

Blowing it isn't your end but rather your highest lesson

Prepare for the worst life can offer so that the best life will offer can always take you by surprise.

When you have fully invested yourself in the process, you will realize that the process is actually for your best interests.

Quit comparing your unique life stages with others. The comparison isn't worth it as even the guarantee of living through the hours isn't promised. The sun illuminates the day and the moon, the night. Find contentment in your purpose and passion. Our graves are fixed from the day we were born. Whether you are buried in a casket or not - you will surely be dead.

Failure is just feedback to prepare for many comebacks. Be gracious to yourself always. If you take away the emotions in the pain that you are feeling now, you will find a great comeback strategy hidden within that very setback. Even in a boxing match, there is a break and a refreshment corner.

God Almighty didn't leave you , you are being tested by Him, trialled by men and tempted by the devil. Yours is to triumph!

You might have to start all over again but triumph! Whatever you do, Triumph within!

-Chapter 12-

When choosing Friends

You really need to carefully scrutinize the kind and quality of the friends you have or whoever wants to be friends with you. Look at their behaviour, mindset and heart with great focus then look at where God Almighty is taking you to. When you realize that they will become or are a hinderance - say your goodbyes but if they are well suited for where you are going and what you are becoming, sharpen each other wholeheartedly.

Don't be the guy that cries about betrayal when you ignored the clear signs of dishonesty in the beginning.

Examine, enthrone and dethrone. If you cannot confidently introduce your friends to your parents, partner and children because you are ashamed of their compromising characters - you know what to do chief!

Choosing friends and a life partner are crucial decisions not to be taken over rounds of incredible sex or cold beers - you need more than just pleasure and entertainment.

-Chapter 13-

Appoint and demote!

When it comes to friendship, mentorship and partnership. You only have one chance with me. There are no re-dos and un-dos. You flop me, I will forgive you wholeheartedly but you leave chief... My circle is within my jurisdiction, I preside forever.

You owe yourself healthy, encouraging, authentic and empowering circles because you are already dealing with a lot from all other places - create your own paradise in the quality of your companions, advisors and counsellors.

Advisors and critics are people who see where you are blind. You shouldn't throw away criticism or advice until you see what the person saw when they uttered those very words to you.

We cannot run away from the pain of loss but we can embrace it and cherish the moments and the value that we have shared then in proper time all will not be forgotten but all will be counted for our good.

We must be brave enough not to emotionalize the regret contained within our mistakes and our shortcomings. We need to walk away from the fantasy of we could have done it better for that alone withdraws so much of our energy in the present given day.

What has happened cannot be changed but what can happen is within your constant meditations. Sometimes the perfect escape is in understanding why the mess happened in the first place.

In all your learning from your mistakes. Give unconditionally grace to yourself and to others. Pay attention to the words of men who have succeeded and those who have failed in the desires of your interest. Sometimes those who have succeeded will try to keep you away from attaining what they have attained and those who have failed will actually open your eyes to overcome the very obstacles that caused them to capsize.

-Chapter 14-

When our heroes become a stumbling block

Elon Musk grew up looking up to guys like Neil Armstrong. Years later when Elon Musk failed to launch into space. He was negatively criticized and discouraged by the same Neil Armstrong he looked up to.

At some point in your life. You have to be crazy enough to disregard even the opinions of people you highly regard. It is not an easy thing to do but when they stand in your way. The best thing to do is to walk right through them.

You owe it to yourself to attempt the greatness you envision and that you dream of regardless of who is on the side to cheer you up.

Many other people may have support to fulfil their dreams that's good and that sometimes may not be your story.

-Chapter 15-

Relationship sense

All great relationships start with communication followed by compromise. Communication and compromise build connection. Compromise is an element of selflessness which expresses love. Communication is an element that builds and transfers trust.

There is no way anywhere that you are going to have good friendships and a good relationship without communication and compromise.

Destructive silence and selfishness will leave two loving people intentionally miserable. There's a danger with partnering with people who are not given to the same goal/conviction.

Heists in our country are successful because of team effort that is directed to the same goal. The whole plan directs the accomplishment of the goal. How on earth do you think that you're going to work with people who don't share in the goal you have? It's not the qualification but rather the quality a person is altogether that achieves the goal best! A well-selected team wins long before the game begins.

-Chapter 16-

Visualize, improve then materialize exquisitely

The essence of a vision board is to basically leave clues for yourself as the visionary. Every vision board has in it what we call the "Dreamers code", a code that only the dreamer can crack and passes it on to whoever he deems worthy.

If you want to know what car BMW will create. You really have to look into BMW's previous models. You know why? The first car BMW created had within itself the cars we enjoy from BMW today. The future of a thing is hidden within its past. I shouldn't be telling you this but I have to so that you can understand the principle of vision. The technology we enjoy today is actually old to the guys that create it. I've actually said a mouthful here.

-Chapter 17-

Don't write God Almighty off!

I have personally had situations and circumstances that affected the way I served and loved God Almighty. It is in those very seasons where your faith is tested, where you are tempted by the devil and you are trialled by men.

I have been in situations and circumstances where I just needed a personal affirming word from God but it didn't come. I've been in situations where I needed His favour and it didn't come. At that very time, it is easy to misinterpret God's silence for His absence and at times His non-existence.

Situations and circumstances that give you enough reasons to give up on God Almighty. Onlookers and spectators waiting for your downfall but then you realise God Almighty is silently with you and you know this because throughout the seasons of his audibility, He has been teaching you a lot that you would need in His silence. You are well equipped to strive through the seasons of life where God is silent. God’s favour loves diligence.

Personalize your journey with God Almighty. Find and allow yourself to be found by God Almighty whatever way He reveals Himself to you. You can't rely on your leaders, they are human and they change their beliefs now and then.

Vibe high with God Almighty so that you will stand, survive and thrive even as an individual - maneuver through human inconsistencies.

Limit your trust in humans no matter how called or gifted or anointed they are - Find your personal pilgrimage with God Almighty. Insist on the Source because the resources will wither like grass.

-Chapter 18-

Keep sweeping

When I sweep the yard and there is no wind blowing in the direction of where I am taking the dirt to, the work is toilsome but when there is wind in the direction of where I am sweeping the dirt to ,the work is easy and favourable because I have a distinctive advantage which is the wind.

The absence of God's favor doesn't vindicate His absence in the direction you have taken by His guidance. It could be that His favour is just a mile away in that very direction. Keep sweeping!

Then the LORD turned to him and said, *"Go with the strength you have, and rescue Israel from the Midianites. I am sending you!" - Judge 6:14*

Sometimes the Lord asks you to do the most senseless and illogical things. It is then you realize that God Almighty sees Himself in you. He then relates to you at a God-level not on a human-level.

-Chapter 19-

It is not worth it champ, go to bed

I have grown enough to understand that so many arguments are not worth my attention anymore. Being controversial is definitely okay. I have learnt to enjoy peaceful sleep in heated battles. Why? You have to be willing to let the truth be told by God Almighty in His perfect time. Off course, for some time you are going to have to endure the ridicule, misconceptions and unfair judgements on your life even those close to you.

When you don't respond or react to a situation the way the creator of the situation predicts - you win! But if you fall into their predictions, they win. Winning requires a lot of self-control and emotional intelligence which is necessary for you to develop especially if you're going to live your best life.

I have discovered that God is very chilled so I've learnt to chill with Him. Quit wasting your life arguing and defending yourself. The noise will eventually calm down and the truth will come out.

Teach yourself to not react impulsively to negative triggers. Some negative triggers are like drains while others are like absorbers. Protect your positive and enlightening space.

Learn to be deaf, blind and mute to negative triggers. Maintain your peace. Not everything is worth your reaction and response.

-Chapter 20-

Different spirits manifesting in one person

There was a time where the Spirit revealed to Peter who Jesus was and he was affirmed . Then there was a time where the devil spoke through the same Peter and Jesus rebuked the devil in him.

This highlights that the devil can speak through the people you hold credible, loyal and reliable. Without discernment, you will be at the mercy of all kinds of spirits.

Who and what is influencing you? How many homes are the women who are influencing you building or have built? Mind who is speaking into your life.

Some failures come from listening to bad spirits in the people you highly regard. Discern the spirit that influences you to start whatever is the same spirit that your enablers will inhale. Don't start anything out of jealousy, hatred and rivalry - spiritually discerning people will always depart from you.

Wisdom isn't for hard times only. You need it also in your seasons of plenty. Mismanagement is ignorance and a lack of self-control.

-Chapter 21-

You have got to take a full-hearted chance at hope

I was given another chance at life in January 2020. I looked at my discharge sheet and I realize how complex being on a sick bed was. Imagine the people who came home deceased after their loves left them alive in hospital. Worse those who are still being transferred elsewhere for further assistance.

While in hospital, I was piled with a lot of bad news. So many " Unfortunate's " and all that mattered was those positive words I had to continuously recite to myself even when I struggled to believe. Negativity had a lot of evidence as patients near you would fall dead each day. The tunnel was very dark and I had to create the light ahead in my head and heart. In short, you are going to survive what's fashioned to kill you simply because you believe that your time is not up. Cry if you must, pray even without order and compel death to reverse.

Expel those negative thoughts and emotions despite the provoking situations that emit them - that is not your portion.

-Chapter 22-

Healing broken relationships

I always have trouble with driving my car after repairs. The trauma of the car breaking down remains with me for a few days so much that I drive cautiously even with evidence of the problem being solved. It takes time to get used to things being fine again.

After mending broken relationships, the same thing happens - you become cautious and careful especially if you were violated or victimized. It is then you realize that healing is gradual, a complete process.

Being hurt by a loved or a friend or any person requires no brush off at all. You have to look into the hurt's core, cry about it, speak about it to the perpetrator or a neutral mediator and seek to genuinely forgive. Unforgiveness is a self-sabotaging reaction so give grace.

Attaining TRUE forgiveness is not easy at times, forgiving itself is a process so save yourself the time spent in apologizing by not hurting others if possible. You don't have to act or voice out your evil thoughts - kill them there and then.

-Chapter 23-

"I am not your target market yet "

I remember walking into a shoe store in Menlyn just 6 years ago with my cousin. There wasn't a formal shoe under R2000. My cousin decided to spend more than R5000 on shoes and gave me my share which could sustain me for more than 5 months as a student. I looked at the salesman who was trying to persuade me to get a pair and I resisted. I told him that I wasn't willing to pay that much for a shoe at that particular time. I was still a student and I had to prioritize.

I told the salesman that, " I am not your target market yet " and that I had to go develop some financial muscles just like my cousin and we both laughed.

Right there, I handled pressure well. I had to make realistic decisions and to never lose touch of the dream of owning some pairs that I liked. You can easily mess up your life by giving into peer pressure and funny enough those peers will watch you suffer so much that they will speak well of you at your funeral. It's okay not to be there yet! Soon or later you will reward yourself for being patient with your making. Keep your eyes on the ball.

We don't start the same but all of us have it within ourselves to make it!

While others start from the ground , others start from a small tree and others take shade in an existing tree.

Don't ever compare your life with your peers, our backgrounds aren't the same regardless of us having have sat in the same class room.

Even after school or varsity, our advantages will not be the same. While others struggle for employment opportunities, others struggle to get their businesses going and others don't have any challenges at all regarding the life stage you are at.

You look at your age, you drink wine in gossip sessions with double-faced peers and indulge in your envy while you aren't thinking about maximizing the opportunities in front of you.

-Chapter 24-

Destiny enablers

Along your path, you will meet these types of destiny enablers:

1. Prophets/fortune tellers - These ones will tell you what you are going to be as a result of what is shown to them by whatever spirit they claim possesses them.

   2. Groomers - These ones see potential from the seed. They then serve as manure, gardening tools and water. They are into creating favourable conditions for your growth. They selflessly give themselves to your becoming.

   3. Haters - These ones know your potential and they hate you for it as they are in a competition with you. They will slander you, conspire against you and turn everyone against you.

   4. Critics - These ones are either constructive or destructive. Don't ignore both types of criticism regardless of how enticing the other is from the other. Explore the perspective of your critics without taking offense.

5. Compatibles - These ones are there to cover your cracks and also for you to cover theirs. You need each other to win individual battles. Undue separation and conflicts unresolved result to both your end.

6. Business people - They will expose your potential for their gain of profits. You are a monetary creator to them and as long as they can make money or a name for themselves using your abilities, they will treat you very good. They always fatten you for the slaughter.

7. Character assassins - This is your promiscuous Delilah whose commitment is into betraying your secrets, vulnerabilities and weaknesses using them as assets for their monetary gain. They are pruned to first earning your trust.

8. Pleasurists - These ones are there to spend the money you worked hard for. They will introduce you to various pleasures that will take a lot from you. They will derail you from your purpose and plans. The essence of their being is extreme pleasure.

9. Power-mongers - These ones are interested in controlling you by dangling resources that you need before you and to get those resources you

have to agree to their usage anyhow and anyway. They will do everything in their power to make you realise that you need them and without them you are nothing. They are extremely manipulative. They will keep you within their area of territory until you are dead.

10. Fans - These ones are attracted by what you do, your personality, creativity and the kind of energy you bring to your gift. As soon as someone better than you in their estimation appears you are then replaced.

All these types of enablers require you to acquire discernment, a prayerful spirit, a sound mind, a sensitive response to the leading of the Holy Spirit otherwise you'll be tossed to and fro, miss the mark of the high call and live miserably when you should be fulfilled in serving God Almighty in your generation.

Brace yourself to meet these kinds of helpers in life:

1. Rope cutter

These people will help you up but cut the rope on you when you are about to reach the top.

2. Suppressors

These people are fine and helpful to you just as long as you don't grow or succeed beyond them. If you do, they will do their best to tarnish your name.

3. The speakers

These people will offer help to you and then blame and ridicule you before everyone for using that very help to advance yourself.

4. Colonizers

These people will offer help to you then seek to control how you use that very help. You are to do as they say and forget about your own mission. You are required to remain forever faithful and alert to them.

5. Capitalists

These people will offer help to you in return of a ridiculous percentage.

6. Molesters

These people will offer help to you in return of your body. They want sexual benefits.

7. Scammers

These people will offer you unconditional help then change the condition of their help once they see progress in your life as they will demand repayment forcefully.

8.The diviners

These people are rare and God sent. Their help towards you is unconditional.

Be careful as to whom you receive help from. Don't endanger your soul over struggles you can endure than to receive help from decided fools.

There are five types of helpers in life:

1. Those that won't help you regardless of them being able to.

2. Those that can't help you because they are caught up in their own trouble.

3. Those that will help you conditionally, once you make it , they want returns .

4. Those that will help you halfway and pull out because they see the worth of where you are going.

5. Those that will help you to the end unconditionally.

Discern these people carefully and it will make your life peaceful.

As you rise, stay away from these people:

1. Cup-bearers

After you have gained access to your destiny enablers. Don't hang around with their servants. Why? They will jeopardize the favor you have with your destiny enabler by speaking rubbish about you to them simply because they see you as a threat to overthrow them from their "Master's heart". Do your business with your enablers and keep away from their cup-bearers.

2. Families of your enablers

Don't acquaint yourself with the families of your enablers. Respect them, have simple conversations and gently turn down invitations to dinner or lunch especially if you are continuously invited. Why? It builds credibility with your enablers. Families love to match-make so keep it clean.

3. Don't befriend your enablers

No matter how kind or generous they are - don't make friends with them. They are your enablers - don't distort their role and mission.

4. The friends/neighbours of your enablers

Refrain from making friends with your enablers friends. Most of the time, you will be used as a weapon in their conflicts.

Your enablement relationship should be very personal and private. It is not for public consumption.

Reject enablement from people who want to control your life. Nothing is as important as the freedom to be your full self.

Assess carefully the people who want to enable you. Don't bind yourself to fools.

-Chapter 25-

Be patient on destiny's path

A lot of our mistakes in this life happen when we aren't patient with God Almighty, others and ourselves. We are so in a hurry for stages in life we aren't thoroughly prepared for.

We try to solve temporary problems with permanent compromises that backfire until the end our lives. Look at your life. What are the results of your impatience? What are the rewards of your patience?

Listen here, your time to blossom will come because to, "Everything there is a time and a season". Work on that gift, that skill and increase your knowledge and wisdom in the direction of God's purpose for your life. You aren't dying! You are not late! You are in a place of waiting.

Days are coming where you will no longer borrow or beg instead you will be a blessing everywhere you go. Yet I must caution you: Don't imitate the foolishness and wickedness you saw and experienced around you otherwise you are going to lose it all. Be wiser!

-Chapter 26-

You need both

A battery needs both your negative and positive terminals to give power to the connected component. You must balance your exposure to both negative and positive people. Do not ignore destructive criticism nor should you pay more attention to constructive criticism. Why? Both negative and positive inputs tend to create a balance of character in any sensible person. Are you sensible?

Don't hate negative people who are full of destructive criticism. You may not vibe with their energy but do grab the resourcefulness of their destructive criticism to improve your work, skill and mostly life.

Nothing is ever waste to a winner. Don't let the cheering and criticism of the crowds stop you from winning your life game.

-Chapter 27-

We need each other wholeheartedly

My father and I would clash a lot when I was nursing him a few months before his death in 2017. At first, I didn't understand what sparked the clashes between us until one day where he fell as he tried to walk alone to the bathroom. He was lying on the floor helpless. I helped him up and sat him on the toilet seat. He looked at me with tears in his eyes. " I never thought in my entire life that I would be this helpless. All my life, I have been doing the helping because I know the pain of being helpless, of being left to die, I had to pick myself up and help the same people who left me helpless. I am sorry for being hard on you Nkosana . I didn't mean to be rude my boy. I am just not used to being helped".

In 2020, a day after my operation in hospital, I chased my nurses out as they tired to bath me. I sat in that bed as I couldn't move until I called them back to help me. I apologized sincerely.

At some point in life, we are all going to be helpless. How we survive helpless situations depends upon our humility to accept and to receive help from others.

We know people are full of murmuring, slander, manipulation and pride so much that we avoid asking for help so we die from our silence. At times even fight and chase people who are genuinely for us.

You have to really ask yourself why are you like this when it comes to asking for help and receiving help from others? Have you forgiven your past traumas or are you still holding onto situations of helplessness that leave you so bitter at everyone else?

We cannot be strong and supportive towards everyone else at our weakest and lowest. It is totally okay to gather strength from others, within yourself and from God Almighty - even heroes need help.

-Chapter 29-

Why do you need her?

A king was about give her virtuous daughter to the best suitor in a Banquet. He then called forth interested parties.

The name and profession of the man are as follows:
1. Duncan, a Knight.

2. John, a Priest

3. Peter, a Prince.

4. Mark, a Beggar.

When asked about their future goals:

Duncan wanted to be the best knight. John wanted to be the head of priests. Peter wanted to be a king. Mark, the beggar just wanted the princess as a wife to warm their home, encourage him to make his dream a reality and to be wise enough to ground him when he prospers.

The king after careful consideration gave her daughter to the beggar. When asked why? He said, none of you stated why you need my daughter expert for the beggar. He has shown to understand the need of a companion...

What value is the woman you dearly seek going to add into your life? Why do you need her?

-Chapter 30-

Sharing is life!

On one Saturday, my cousin's 9-year-old son made food for himself in the presence of his two friends. I called him to the side and corrected him. I said, "Boy, there is enough to feed your two friends and if you find that there isn't enough; share the little still whether they don't do the same at their homes to you ". I then took what he prepared for himself, added more food and made them juice. The boys enjoyed themselves. We have to teach them as young as they are.

Lately, I am teaching my two-year-old niece to share. When I take her day-care every morning since we are the " Early gang". We always find her teacher and her classmate named "Trust" at the premises. When we buy sweets or chocolates, we buy extra and if we don't, she reminds me. I always enjoy the scene of watching her share with her teacher and classmate then she waves goodbye at me.

I am passing on this teaching to her from my late father. He was a generous and selfless giant.

-Chapter 31-

A good name goes a long way!

A high school mate of mine was looking for a head cylinder for his car so he gave me a call to help him. I told him to go to a local scrapyard. He noted that he already went there and they told him, they don't have it. I called the owner of the scrapyard, he confirmed that he had it and I told him that I was sending a friend to collect it. He drove back to the scrapyard, the owner called me when he arrived to confirm it whether he was the guy I sent. He got it at a discounted price. My mate then drove to meet up with me. He looked at me and said, " I felt like a fool when I went there for the second time. The treatment was even better when the guys knew that you sent me". He benefited from my name.

There are places you want to go to and things you want that will require a good name - who sent you? I have benefited from the good names of others simply because I have built reciprocal relationships with them. I have skipped queues and processes simply because I have favor with administrators and managers everywhere.

You need to be careful of the way you treat people who may not seem "useful" to you NOW because kings and important people rise from all kinds of backgrounds.

Money doesn't get you everything, a good name is the gemstone to everything. In high places, loyalty is an emerald. Invest your resources, money and time into serving others unconditionally - it will always come back to you multiplied.

-Chapter 32-

It will burn but you will not be consumed

Life takes us through many afflictions but God's righteousness towards us delivers us from all. The darkness may take longer than expected but we are contained in His grace.

It is definitely okay for our lives to be shaken up so that we can mix well just like medication. There are right things we wouldn't do if we had not been shaken up by the turbulence of the raging storms. Our comfort, convenience and cowardice must be challenged always that our faith muscles may develop.

It will burn but you will not be consumed because God is not done with you. As imperfect, compromising and as hypocritical as you are; He is still after you, for you and in you.

The fire prepared for the 3 Hebrew boys burnt 7 times but they weren't even consumed instead they grew more in faith.

-Chapter 33-

Suddenly it's "food" AND GOOD to eat!

You have been faithful as a treasurer for many years at your church , not even one cent went missing now suddenly the church's money is "food" and good to eat because you have listened and gave into the devil's suggestion.

You have pastored a church for many years and you were faithful to your wife even since the day you took your vows. Suddenly man of God, the female congregants of your church are now "food" and good to eat because you have listened and gave into the devil's suggestions.

Temptations are common to everybody and they come at a particular season. Basically, temptation is one of the ways the devil uses to get worship from you, to leave you condemned and cause hopelesness in the victory that you were called into.

-Chapter 34-

Dead or alive, a good man always wins!

Do not fight people when they try to tarnish your name. Because that my friend is free publicity! If you have a good character then you are not far from redeeming your name so that your enemies can be exposed for who they really are.

Survive and strive through the season of ridicule and misrepresentation even by people you never thought would betray you. You need these marks of life.

You cannot be emotional and strategic at the same time. Had it not been for that bad publicity, your name would not have reached their ears. Your track record of good works everywhere is exactly what will speak to sensible and intelligent people never-mind simpletons.

-Chapter 35-

You aren't cursed!

Even with us knowing that there is a time and season for everything under the sun , we shiver and we are moved by seasons of lack and misfortune.

Well, it's not that the deal didn't go well, it wasn't purposed in the beginning to go well. Suddenly things fall apart and you are stripped off everything. Depression will knock and you must examine your level of idolatry, how you have worshipped your skill, your car, your business, your spouse and house and forgot that you only had access to these things and not ownership. To even show that we own nothing, we take nothing to the grave not even our spirits. It is all access!

You aren't cursed, it is just a passing season of lack and misfortune so much that everything you touch breaks and everything you do never materializes.

While I don't know how long your season will last but I know that it will end so take courage and endure. Suicidal thoughts never cease in this season as even the way you have repented is countless so much that you don't feel that God is even listening to you.

It's a struggle to make ends meet, a burden to ask for help and hopeless never seems to leave your cause. You even attempted to jump ship, to consult other gods yet at the brink of altering their praise, the consciousness of the God Almighty you serve is just too loud.

Remember you aren't cursed; it is just a passing season.

ACKNOWLEDGEMENTS

Total gratitude and honour is due to God Almighty who ceases not to enlighten us in matters concerning our lives. It is totally by His gracious loving-kindness and favour that such a project has come to pass through my hands. I am indeed humbled.

I am grateful to the various doctors, specialists, nurses, cleaners, porters and security guards both from Midmed Hospital and Netcare Hospital Pretoria for your dedicated service to the preservations of my young life. May God Almighty extend a double portion of the very goodness you poured to Him through my life.

I am also grateful to Nico and Charlotte at Red Spiral for their accurate advice, professionalism and love towards me from the very first day their company started producing my many titles.

The unconditionally support from my family, friends, brothers and sisters in the faith and mostly you the reader as a pursuer of truth and wisdom. Thank you so much and may God Almighty abundantly bless you.

Dear reader

I am filled with so much joy after enduring the pain that comes with sacrifice from such selflessness.

May you be enlightened and have worthwhile love experiences.

Thank you…

50 book titles archived by *Njabulo Chriswell Sithole*:

1. Umjolo Masimba
2. 21 tryannical laws
3. The darksides of men
4. The darksides of women
5. Leave no stone unturned
6. Words left unsaid (volume)
   - Confessions of a bachelor
   - The car spoke and I listened
   - Enlightened sayings
   - Little lessons
   - What the chief taught the village
   - 7 wise words
7. 300 sayings
8. The power book (volume)
   - There is a righteous man here today.
   - Adam where are you?
   - A pilgrim's guide to tertiary.
   - You, your companions and your destiny. - - Beyond the badge.
   - Character exposed to conquered challenges.
   - Insightful sayings
   - God's case against the church today.
   - Beyond the title.
   - Vision, value.
   - The art of impactful speaking.
   - Behind the scenes.

- Beyond the brave, is benevolence.
- I.C.U 4 U
- Excitement management
- Beneath the surface.
- As the grass withers, the farmers searches for his matches.
- The few good people you will soon know.
- The fatherless child weeps no more.
- When the well of love is full but no one dares to drink from it.
- The restored lady's worth.
- Bent but not broken.
- Motivational stories.

9. The watered whispers of wonder
10. The fall of godly leaders
11. When the ice boy becomes the master
12. A godly lifetime together
13. After the fire, the best remained
14. How great can you be?
15. Leading my peers
16. 20 laws of dying in power
17. Miscarried love
18. Hidden life lessons
19. Revealing God Almighty
20. Your faith walk with God
21. 31 Midday thoughts
22. Healing is gradual
23. Ejaculations and orgasms aren't enough